I claim:

- 1. A medicament for the amelioration and treatment of vascular disease, comprising aspirin and at least one vitamin selected from the group consisting of vitamin A, vitamin  $B_6$ , vitamin C, vitamin E, and niacin, wherein said aspirin and said at least one vitamin are present in amounts effective for the amelioration and treatment of vascular disease.
- 2. A method for preventing and treating vascular disease in humans comprising administration of a composition of aspirin and at least one vitamin selected from the group consisting of vitamin A, vitamin  $B_6$ , vitamin C, vitamin E, and niacin, wherein said aspirin and said at least one vitamin are present in amounts effective for the amelioration and treatment of vascular disease.
- 3. The method of claim 2 wherein said composition is administered on a periodic basis.
- 4. The method of claim 3 wherein said period is approximately daily.

- 5. A medicament for the amelioration and treatment of vascular disease, comprising aspirin and at least two vitamins selected from the group consisting of vitamin A, vitamin  $B_6$ , vitamin C, vitamin E, and niacin, wherein said aspirin and said at least two vitamins are present in amounts effective for the amelioration and treatment of vascular disease.
- 6. A method for ameliorating and treating vascular disease in humans, comprising the administration of a composition of aspirin and at least two vitamins selected from the group consisting of vitamin A, vitamin B<sub>6</sub>, vitamin C, vitamin E, and niacin, wherein said aspirin and said at least two vitamins are present in amounts effective for the amelioration and treatment of vascular disease.
- 7. A medicament for the amelioration and treatment of vascular disease, comprising aspirin and at least one trace element selected from the group consisting of selenium, zinc, iron, copper, cobalt, and manganese wherein said aspirin and said at least one trace element are present in amounts effective for the amelioration and treatment of vascular disease.

- 8. A medicament of claim 1, further comprising at least one trace element selected from the group consisting of selenium, zinc, iron, copper, cobalt, and manganese wherein said aspirin, said at least one vitamin, and said at least one trace element are present in amounts effective for the amelioration and treatment of vascular disease.
- 9. A method for preventing and treating vascular disease in humans comprising the administration of a composition of aspirin and at least one trace element selected from the group consisting of selenium, zinc, iron, copper, cobalt, and manganese wherein said aspirin and said at least one trace element are present in amounts effective for the amelioration and treatment of vascular disease.
- 10. A method of claim 2 wherein said composition further comprising at least one trace element selected from the group consisting of selenium, zinc, iron, copper, cobalt, and manganese wherein said aspirin, said at least one vitamin, and said at least one trace element are present in amounts effective for the amelioration and treatment of vascular disease.